



October 4, 2005

PRESS RELEASE – For Immediate Release

Contact: Lisa Klamm, RN, Immunization Coordinator, 436-7185 (Rupert)

District Health Schedules Influenza Vaccination Clinics

South Central District Health has received its first shipment of influenza vaccine and has scheduled clinics in various locations during October and early November. Beginning Oct. 11, SCDH will be accepting appointments for clinics scheduled to begin the week of Oct. 17. People who are at a high risk of serious complications from influenza will be given first priority for the first month of vaccination clinics. Beginning in mid-November, depending upon supply, clinics will be opened to all people wanting to receive an influenza vaccination.

District Health is encouraging those individuals who have health conditions that make them vulnerable to serious complications from influenza to get their vaccination early. Individuals most at risk for serious complications from influenza include people age 65 and over; residents of nursing homes and long-term care facilities; those with chronic long-term health problems including chronic lung disease (COPD, asthma, emphysema, etc.), congestive heart failure or congenital heart disease, diabetes or kidney dysfunction, sickle cell disease, or HIV; women who will be at least three months pregnant during influenza season; and household contacts and out-of-home caregivers of children under the age of 6. The Centers for Disease Control and Prevention (CDC) are also recommending that children between the ages of 6 months and 23 months receive an influenza vaccination. The first time children receive influenza vaccine they need two shots, given one month apart, to develop immunity. Additionally, health-care personnel who provide direct patient care should be vaccinated to prevent transmission to vulnerable people.

The CDC anticipates that there will be between 71 and 97 million doses of vaccine available in the U.S. this coming season. This compares to 61 million total doses last year. Most public health districts in Idaho are delaying the start of influenza vaccination clinics this year until the supply is ensured. In early 2004, almost half of the U.S. influenza vaccine supply was pulled from the market because of manufacturing problems at a plant in England. As health care providers and other vaccine suppliers scrambled to find more vaccine or share with providers whose entire supply had been pulled from



distribution, lessons were learned about making sure that only high-risk individuals receive early supplies and that delaying the start of clinics helps ensure that clinics won't have to be canceled if vaccine supplies are short.

The peak influenza season in south central Idaho is late December through early March. Influenza viruses are spread from person-to-person primarily through the coughing and sneezing of infected persons. Influenza is characterized by the abrupt onset of fever, headache, severe discomfort, muscle tenderness or pain, nonproductive cough, sore throat, and a very runny nose.

Adults develop antibody protection against influenza infection about seven days after vaccination.

Clients are reminded to wear short-sleeved clothing so they do not have to roll up their sleeves to receive an injection.

SOUTH CENTRAL DISTRICT HEALTH INFLUENZA VACCINATION CLINICS

*Appointments are necessary for all clinics.
Please call the SCDH contact office to schedule an appointment.*

CITY	DATE / TIME	PLACE	CONTACT
Albion	Wednesday, Nov. 2 10 a.m. – 1 p.m.	Albion Senior Center	Burley SCDH Office 678-8221
Bellevue	Tuesday, Oct. 25 Noon – 6 p.m.	District Health Office 117 East Ash St.	Bellevue SCDH Office 788-4335
	Tuesday, Nov. 8 Noon – 5 p.m.	District Health Office 117 East Ash St.	Bellevue SCDH Office 788-4335
Burley	Friday, Oct. 28 8:30 – 11:30 a.m. & 1 - 3 p.m.	District Health Office 2311 Parke Ave., Unit 4	Burley SCDH Office 678-8221
	Thursday, Nov. 3 8:30 – 11:30 a.m.	District Health Office 2311 Parke Ave., Unit 4	Burley SCDH Office 678-8221
Carey	Thursday, Oct. 20 1 – 3 p.m.	Carey Senior Center	Bellevue SCDH Office 788-4335
Eden	Tuesday, Nov. 1 9 a.m. - Noon	Senior Citizens Center 210 E. Wilson	Jerome SCDH Office 324-8838
Fairfield	Wednesday, Nov. 2 9 a.m. – Noon	Camas County Senior Center	Gooding SCDH Office 934-4477
Gooding	Tuesday, Oct. 25 8:30 – 11:30 a.m.	District Health Office 145 7 th Avenue E.	Gooding SCDH Office 934-4477
	Thursday, Nov. 10 9 a.m. - Noon	Senior Citizen Org. 308 Senior Avenue	Gooding SCDH Office 934-4477
Hailey	Monday, Oct. 17 9 a.m. – 3 p.m.	Blaine County Senior Center 721 3 rd Avenue S.	Bellevue SCDH Office 788-4335
Hagerman	Friday, Oct. 21 9 a.m. - Noon	Hagerman Valley Senior/Community Center	Gooding SCDH Office 934-4477



South Central District Health

1020 Washington St N * Twin Falls ID 83301

Keeping your family & community healthy

CITY	DATE / TIME	PLACE	CONTACT
Jerome	Thursday, Oct. 20 8:30 – 11 a.m.	District Health Office 951 East Avenue H	Jerome SCDH Office 324-8838
	Thursday, Oct. 27 8:30 – 11 a.m.	District Health Office 951 East Avenue H	Jerome SCDH Office 324-8838
	Thursday, Nov. 3 8:30 – 11 a.m.	District Health Office 951 East Avenue H	Jerome SCDH Office 324-8838
	Friday, Nov. 4 9 a.m. – Noon	Senior Citizen's Center 212 1 st Avenue East	Jerome SCDH Office 324-8838
Oakley	Friday, Nov. 4 9:30 a.m. – 1 p.m.	Oakley Senior Center	Burley SCDH Office 678-8221
Richfield	Monday, Oct. 31 9 a.m. - Noon	Richfield Senior Center 130 S. Main	Jerome SCDH Office 324-8838
Rupert	Tuesday, Oct. 18 8:30 – 11:30 a.m.	District Health Office 1218 9 th St., Ste. 15	Rupert SCDH Office 436-7185
	Tuesday, Oct. 25 8:30 – 11 a.m.	District Health Office 1218 9 th St., Ste. 15	Rupert SCDH Office 436-7185
	Wednesday, Nov. 2 1 – 4 p.m.	District Health Office 1218 9 th St., Ste. 15	Rupert SCDH Office 436-7185
	Friday, Nov. 4 1 – 3 p.m.	District Health Office 1218 9 th St., Ste. 15	Rupert SCDH Office 436-7185
	Monday, Nov. 7 9 – 11 a.m.	District Health Office 1218 9 th St., Ste. 15	Rupert SCDH Office 436-7185
	Tuesday, Nov. 8 8:30 – 11:30 a.m. & 1:30 – 4 p.m.	District Health Office 1218 9 th St., Ste. 15	Rupert SCDH Office 436-7185
	Thursday, Nov. 10 2 – 3:30 p.m.	District Health Office 1218 9 th St., Ste. 15	Rupert SCDH Office 436-7185
	Monday, Nov. 14 9 – 11 a.m.	District Health Office 1218 9 th St., Ste. 15	Rupert SCDH Office 436-7185
	Friday, Oct. 28 9 a.m. - Noon	Golden Years Senior Center 218 N. Rail St. W.	Gooding SCDH Office 934-4477
Twin Falls	Tuesday Clinics: Oct. 18 & 25 Nov. 1, 8 & 15 8:30 – 11:30 a.m. & 1 – 3 p.m.	District Health Office 1020 Washington St. N. (CSI Campus)	Twin Falls SCDH Office 734-5900
	Friday Clinics: Oct. 21: 8:30 – 11:30 a.m. Oct. 28: 1 - 4 p.m. Nov. 4: 8:30 – 11:30 a.m.	District Health Office 1020 Washington St. N. (CSI Campus)	Twin Falls SCDH Office 734-5900
Wendell	To Be Announced	Wendell Housing Assn. 105 West Avenue A	Gooding SCDH Office 934-4477



South Central District Health

1020 Washington St N * Twin Falls ID 83301

Keeping your family & community healthy

Recap of the 2004-05 Season

Idaho and the nation were very fortunate during the 2004-05 influenza season. Even though the nation experienced a shortage of influenza vaccine, the influenza season overall was mild. During the last influenza season, eight Idaho residents were reported to have died from influenza related illnesses. In comparison, during the 2003-04 season, there were 29 deaths from influenza in Idaho, including a child under the age of 5. It is not known what this influenza season will be like, so it is strongly recommend that everyone receive a vaccination. The best time to receive influenza vaccine is during the months of October and November.

In an average year, more than 100,000 Americans are hospitalized with influenza and about 20,000 die from flu-related complications.

###